



Flying Academy

Advanced Upset Prevention Recovery

The aim of the UPRT course is to provide flight crew with the required competencies to both prevent and to recover from situations in which an aeroplane unintentionally exceeds the parameters for line operation or training (aeroplane upsets).

DURATION	3 days
ENTRY REQUIREMENTS	EASA PPL (A) or CPL (A) Class I or Class II medical certificate ICAO ELPAC Level 4
TRAINING / EXAMINATIONS	The Theoretical training comprises 5 hours Ground school and includes: A review of basic aerodynamics typically applicable to aeroplanes upsets in transport category aeroplanes, including case studies of incidents involving potential or actual upsets. Aerodynamics relevant to the aeroplane and exercises used in the practical training, including differences to aerodynamics. Possible physiological and psychological effects of an upset, including surprise and startle effect. Strategies to develop resilience and mitigate startle effect. Memorizing the appropriate procedures and techniques for upset recovery.
Flight Training	The Flight Training will be basic UPRT exercises and flight at critically low air speeds, recognition of and recovery from incipient and full stall events in take-off, clean and landing configurations. The training will be 3 hours UPRT flight instruction in accordance with FCL.745.A and includes training techniques to identify and recover from Nose high at various bank angles. Nose low at various bank angles. Spiral dives. Stall events.
LICENSE ISSUE REQUIREMENTS	At least 17 years of age ICAO ELPAC Level 4 Pass all theoretical examinations Pass license skill test

